

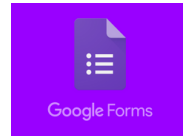


NATIONAL LEVEL WORKSHOP YOGA: THE ART & SCIENCE OF SEQUENCING



16-21 JUNE 2022

07-08 AM



A Joint Venture of

M B PATEL COLLEGE, SAKOLI (DISTT. BHANDARA)

SHRI BINZANI CITY COLLEGE, NAGPUR

PRIYADARSHINI MAHILA MAHAVIDYALAYA, WARDHA

NABIRA MAHAVIDYALAYA, KATOL

NAGPUR SHARIRIK SHIKSHAN MAHAVIDYALAYA, NAGPUR



NATIONAL LEVEL WORKSHOP YOGA: THE ART & SCIENCE OF SEQUENCING



**HYBRID
MODE**

Resource Persons

The Art of Sequencing Yogic Asana's



Syed Zaeem Haider Zaidi

Senior Research Fellow

Anvesana Research Lab

SVYASA (Deemed-to-be) University

Bengaluru

Scientific Aspects of Pranayama



Saurav Nilesh

MSc in yogic sciences

UGC - NET

Faculty, School of yoga , Ranchi University.

Sequencing Yogic Asana's & Pranayama



Meena Mishra

MSc in Yogic Science

DYSC

Yoga Shikshak YVG, Nasik
Certified from JSYBM & MSSDS

Organizing Committee

Chairmens



Dr. H R Trivedi
Principal
M B Patel College
Sakoli



Dr. Sujit Metre
Principal
S B City College
Nagpur



Dr. Rambha Sonaye
Principal
Priyadarshini Mahila Mu.
Wardha



Dr. Sunilkumar Navin
Principal
Nabira Mu.
Katol



Dr. Tapan Dutta
Principal
N S S Mu.
Nagpur

Organizing Secretaries



Dr. Amit Tembhone
Director of Phy. Edu.
M B Patel College
Sakoli



Dr. Sanjay Chaudhari
Director of Phy. Edu
S B City College
Nagpur



Dr. Sonali Sirbhate
Director of Phy. Edu.
Priyadarshini Mahila Mu.
Wardha



Dr. Tejsingh Jagdale
Director of Phy. Edu.
Nabira Mu.
Katol

For more details Contact:
8055446177, 9423403852,
9850488652, 9623338896